

Village of Forest View Newsletter



SUMMER

2023



Yeah! Summer is finally here! It is my favorite season. I love all the flowers, walking barefoot and listening to the children play – well scream mostly, but I like that too! They grow up so fast and it's nice to see them just be kids without a care in the world.

Our road paving is underway. I know it will be a bit of an inconvenience for a while, but the end result will be worth it. Some residents are concerned about how this project is being funded. More than half the cost is being paid for with the Motor Fuel Tax and grants we received. As always if you have any questions, please contact Mike Dropka or myself.

Don't forget about our Village Wide Garage Sale. Saturday July 22 & Sunday July 23rd. 9:00am to 5:00pm. Sign up today!

Stop by the Village Hall for your copy of the "Southland" Festivals & Events guide 2023. You don't have to travel far to enjoy summer activities with your kids or friends. There are concerts, Old-Fashioned County Fairs, Car Shows, BBQ Fests, Free Outdoor Movies and much, much more. All this in our neighboring suburbs. No need to drive downtown, fight traffic and pay huge fees for parking.

I wish you all a long summer filled with lots of ice-cream, warm sunny days and cool summer evenings!

Village President

Nancy L. Miller

P.S. I have the answers to the crossword puzzle. You didn't think I was going to make it easy and put the answers in this newsletter!!

Five Healthy Habits That May Reduce Migraine Attacks

Reboot your diet.

Eat more fruits and vegetables, lean protein, and whole grains, and avoid starchy carbohydrates, sugar, and MSG, says Kathleen Digre, MD, FAAN, chief of the division of headache and neuro-ophthalmology at the University of Utah in Salt Lake City. “Most people with migraine have to eat regularly; some have to eat *something* every two hours.”

Stick to a sleep schedule.

Aim for eight hours of shut-eye per night, and go to bed and wake up at the same time every day, advises Jessica Ailani, MD, FAAN, director of the MedStar Georgetown Headache Center in Washington, D.C. “Dim the lights, avoid screens, and create a relaxing bedtime routine.”

Exercise regularly.

Do some form of aerobic exercise—such as walking briskly, biking, or swimming—each day, enough to add up to 150 minutes of physical activity per week, Dr. Ailani says. “It should be intense enough so that you can talk but not sing.” Yoga and tai chi are also good. Be careful with strength training, Dr. Digre cautions. “The exertion from weight lifting can trigger migraine for some people.”

Watch what you drink.

If you drink coffee, limit yourself to one cup per day. Too much caffeine can trigger a migraine or interrupt your sleep, says Teshamae Monteith, MD, FAAN, chief of the headache division at the University of Miami Miller School of Medicine. Avoid soda, drink plenty of water throughout the day, and limit your alcohol intake, says Dr. Digre. “Some people can tolerate certain kinds of alcohol, but for others it's an instant migraine trigger.”

Ease your stress.

Incorporate relaxation and other mind-body practices such as mindfulness meditation or biofeedback into your day, Dr. Digre says. “For some people with migraine, cognitive behavioral therapy [CBT] is as good as medication.” CBT is a form of talk therapy that teaches people how to change their thought patterns and unhelpful behaviors to improve their ability to cope with problems and feel better, physically and emotionally. A review in *Medicina* in 2022 found that CBT significantly reduced headache frequency and intensity in people with migraine.

POLICE DEPARTMENT

CALL 9-1-1 FOR ANY EMERGENCY

For all Non- Emergency situations, you can still call the Forest View Police Department @ 708-788-0318 Monday–Friday 8:00 a.m. to 10:00 p.m. for assistance. If you need assistance after hours, you will be transferred or directed to dispatch.

4th of JULY

This Community Notification is being given to all residents of Forest View as a means of communicating the law concerning the possession and discharge of fireworks within the Village and the actions and enforcement you will be seeing over the 4th of July Holiday.



For the Safety and Wellbeing of our residents, the Forest View Police Department will be enforcing state and local fireworks ordinances.

The Illinois Pyrotechnic Use Act (PUA) bans the sale, possession and use of all consumer fireworks that can be bought illegally in some states such as firecrackers, bottle rockets and roman candles. Possessing, selling and using consumer fireworks may be punishable by a fine.

Novelty fireworks, such as sparklers, snakes, party poppers and caps are not regulated but are available for retail purchase in Illinois. Young children should be supervised when using sparklers, which can reach temperatures of up to 1800 degrees Fahrenheit. The sparkler wire also presents a serious danger because of the high temperature of the wire during and after use.

Forest View residents can call 911 or the non-emergency police number at **708-788-0318** (use your best judgement) to report excessive use of illegal consumer fireworks.

Our goal is to keep fireworks out of the hands of children, reduce the number of fireworks-related injuries and fires, and curtail the illegal possession and discharge of fireworks.

Have a Safe, Happy 4th of July!

CHIEF STELTER RETIRES MAY 31ST

On May 31st Chief Steven Stelter retired from the Forest View Police Department after 44 years in law enforcement. During his time in Forest View, the Chief was able to bring the department up to standards with a number of state mandates, policy and procedures as well as replace antiquated and non-operational equipment within the police department. The department is also better equipped to handle any sort of serious crime that would occur in the Village by assigning officers to various major crime task forces; thereby giving them the knowledge, manpower and resources necessary to keep Forest View a safer community. **I wish the very best for the police department, Village officials and the residents of Forest View!!**



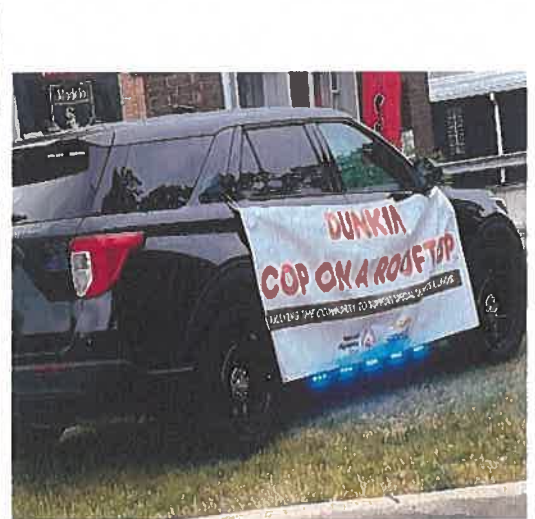
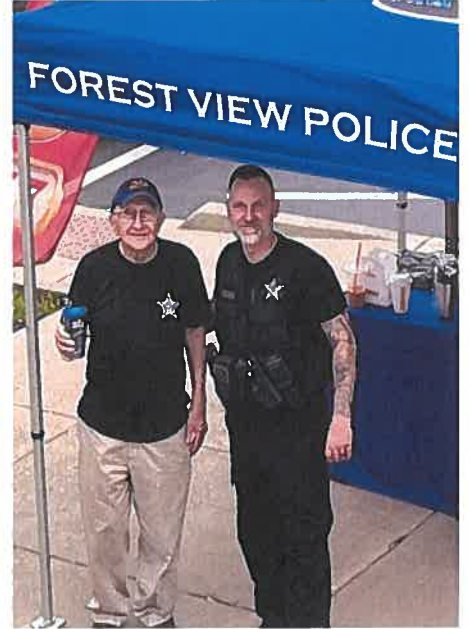
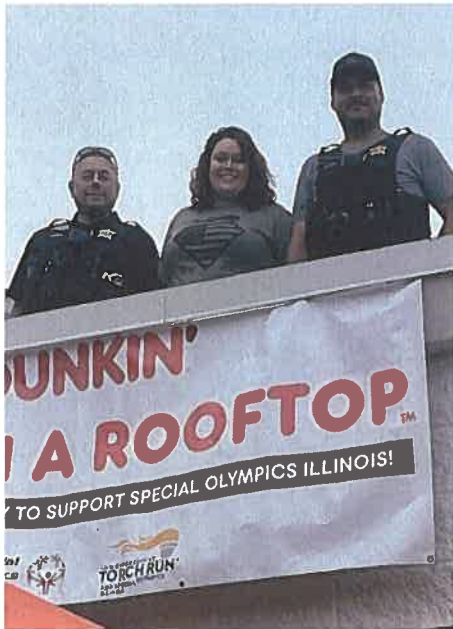
FREE - VACATION

HOUSE SECURITY CHECKS

Welcome to summer! This is the time that most people take vacations. Remember to make sure that your house is secure and that either your mail is stopped, or that someone can collect your mail until your return, and make arrangements to have your lawn cut. Also, put your house lights on timers, and have neighbors keep an eye on your house. Another safety precaution, do not post travel plans on Facebook or post vacation pictures while away. **Please inform the police department when you are leaving and returning and we will do physical checks of your home. Or, if you prefer, we can just do drive-by surveillance. Please stop by the police department to let us know your preference.**

COP ON A ROOFTOP

Thank you to all of our dedicated Police Officers and Thank you to everyone who came out to Dunkin and supported the Special Olympics!



Fire Department Summer Safety Tips.

Did you know that almost 30% of all grill fires will occur during June and July? Did you know that during the Fourth of July thousands of people will visit the emergency room due to injuries received while using consumer fireworks? Summer is here, and with the Fourth just around the corner, families and friends are getting “fired up” for summer with BBQs, campfires and other fun seasonal outdoor activities. While these are all great ways to bring folks together, safety needs to remain the number one priority.

Whether it be barbequing, enjoying fireworks, cooking s’mores or using candles to keep the bugs away, here are the top five summer fire safety tips to enjoy a safe and fun summer.

1. **Grill safely:** Always use your grill outdoors, keeping it away from siding and deck railing. For gas grills, check the gas supply line for damages and replace it, if needed. If you are using charcoal, use an electric or chimney lighter that allows you to use newspaper rather than lighter fuel. Always wait until your grill cools completely before putting it away, especially if you use a grill cover.
2. **Leave fireworks to the pros:** When it comes to fireworks, you are literally playing with fire – and in many states, you may even be breaking the law. The best choice is to pack a picnic basket and catch some of the amazing fireworks displays hosted by professionals in your community. Or, enjoy professional fireworks from the comfort of your own home, such as this year’s Boston Pops Fireworks Spectacular, which will air on CBS on July 4th at 10 p.m. If you do choose to enjoy consumer fireworks, make sure they are legal in your area. Dress smart – no bare skin or loose clothing if you are near fireworks. Always use fireworks away from buildings, overhead branches or trees, dry grass, or combustible fuels. Keep a water hose or fire extinguisher in reach and know how to use it.
3. **Be careful with outdoor fireplaces and candles:** Make sure that there are no structures, low tree branches or other flammable overhead obstructions near your tiki torch, candle or campfire. Keep fires small, away from dry grass and leaves, and at least 10 feet away from anything else that can burn.
4. **Always keep kids and pets away from fire:** Keep kids and pets away from campfires, fireworks, candles, matches and lighters. Avoid playing games with flying objects like baseballs, basketballs or plastic discs anywhere around the grill, torches or candles.
5. **Never leave any flame or fire unattended:** Whether you’re grilling, using a fire pit, or toasting s’mores around the fire, never leave any flame or fire unattended and put out any fire before you leave it.

New Look Around the Fire House




1999 Pierce/2023 Alexis Fire Equipment Refurb

Benefits of Fire Truck Refurbishment:

- **Enhanced Performance:** Refurbishing your fire truck ensures that it operates at peak performance, delivering the power, speed, and reliability needed for effective emergency response. Upgraded engines, improved electrical systems, and advanced firefighting equipment all contribute to enhanced operational capabilities.
- **Modern Features and Technology:** Refurbishment provides an opportunity to integrate the latest firefighting technologies, communication systems, and safety features into your fire truck. This ensures that your vehicle is equipped with cutting-edge tools to handle evolving firefighting challenges.
- **Extended Lifespan:** Through refurbishment, you can extend the lifespan of your fire truck, maximizing your investment and reducing the need for frequent replacements. Structural repairs, component upgrades, and preventive maintenance measures all contribute to the longevity of your apparatus.

PUBLIC WORKS

LAWN MAINTENANCE



Homeowners can help keep our community neat and attractive and reduce harborage areas for unwanted rodents by regularly mowing their lawns. **Please Note:** We perform weekly blight checks.

PLEASE ADVISE YOUR LANDSCAPER

Please advise your landscaper..... **DO NOT** rake or blow your leaves or grass clippings into the street. When it rains, this clogs up the sewer inlets and flooding can result. Therefore, please advise your landscaper to place leaves in a **PAPER** yard waste bag or garbage can with a Compost Sticker affixed to the can. (stickers are available at the Village Hall free of charge)

PARKWAY TREES

Parkway trees are village owned, Therefore, property owners are prohibited from trimming their trees. Please contact Public Works if you have any concerns with your tree. Our contact number is 708-788-3429. **REMINDER:** If you received a new tree this year from Open Lands grant program, please remember to water the tree weekly. (10 gals a week)

SIDEWALKS

Later this summer, we will have a contractor in town to replace sidewalk squares that have a 1 ½ inch or greater trip and fall hazard. More than likely, we will lower this number to less than 1 inch of deflection and replace those as well.

ROAD PAVING

We will be paving the 4500 blocks of Home, Clinton, Kenilworth, and Grove this summer. The project will start in late June / early July.

WATER DEPARTMENT

CCR REPORT

Village of Forest View 2022 Consumer Confidence Report was published 05/04/2023 in the Des Plaines Valley Newspaper. This report will not be delivered to individual customers. Please contact the Village Office for a copy.

NEW METER READING SYSTEM



At the end of last year all water customers had their meter readers upgraded to an MXU. This allows us to remotely read each meter and provides us with alarms such as high-water usage, continuous flow (leaking toilet), and connection issues. The final phase of this project will be a new billing system and water usage database which will provide us with an hourly breakdown of water usage.

Please Note: The new system is not fully operational yet.

HYDRANT FLUSHING

Public works will be flushing all fire hydrants once this summer and again in fall. This helps prevent rusty colored water that can build up in the water main leg that feeds each hydrant. Signs will be posted on the corners of the block we are currently flushing. During the flushing you may experience slight loss of water pressure, cloudy/milky water(turbidity), or orange/red colored water. If you experience any of those, please allow your water to run for a few minutes and check the screens on faucets. If you are still experiencing issues, please call the Village office and ask for the Water Dept.

As always, if you have any questions, please contact us here at Public Works (708-788-3429) so we can provide you the best direction possible.

SOMEONE YOU SHOULD KNOW



Officer Salomon Guzman Jr.

Officer Salomon Guzman Jr. began employment with the Forest View Police Department as a part time Police Officer in October 2021 before becoming a full time Officer with our Village. When asked what Officer Guzman liked most about his job, he replied that he likes the ability to serve the community in which, in itself, presents a great opportunity to make a difference in people's lives.

Officer Guzman graduated from Oak Lawn Community High School, then attended Universal Technical Institute for Automotive Diesel and Industrial Technology before pursuing Criminal Justice at Moraine Valley Community College. He is currently on the West Suburban Major Crimes Task Force Forensics Unit and is Forest View's Evidence Technician. He also has been certified in Frontline Supervisory Training, Juvenile Officer Training, Crisis Intervention Team, FBI Basic Swat Operator and Linear Assault, and Dignitary and Executive Protection.

Officer Guzman brings so much experience with him to Forest View. As Senior Special Agent for AG Valley Railroad Police, he protected railroad properties, facilities, revenue, assets and personnel, as well as carried passengers and cargo. He also worked for Palos Park and Robbins Police Departments as a Bike Officer, Patrolman and Traffic Enforcement Officer. While working at the Palos Park Police Department, Officer Guzman received an Outstanding Service Commendation. While working at the Robbins Police Department, he received Tac Team Employee of the Month recognition.

When Officer Salomon Guzman is not working, he loves to spend time with his family. He is the son of Guadalupe and Salomon Guzman Sr. He is a loving husband to his beautiful wife Sara Martinez-Ruiz and a very proud Father of Sebastian and Salomon Guzman III. He really enjoys coaching his sons baseball and soccer teams. He also enjoys staying physically active; mountain biking, weight training, boxing and mixed martial arts. Officer Guzman is an avid paintball player and loves golfing.


We are beyond fortunate to have Officer Guzman on our Forest View Police Department. Thank you for your service and dedication to this Village!

Reminder!

FROM THE VILLAGE OFFICE...

BUILDING PERMITS

You will be fined \$100.00 plus double the cost of the Building Permit if you start work without obtaining a Building Permit. NO EXCEPTIONS.



A building permit must be obtained *prior* to the construction, alteration/remodel or repair of any house/property whether doing the work yourself or by a contractor. Permits are needed for, but not limited to, the following: alterations involving moving or adding walls, basement finish-out, electrical and plumbing work, HVAC work, shed, fence, deck, patio, roof, driveway, window replacement, siding, solar panels, swimming pool. **If you're not sure if a permit is required, please call the Village Office at 708-788-3429.** Some building permits require a fee, however many projects there is no fee at all for the permit.

Permits are required to ensure that the work adheres to Forest View Building Codes. Also permits can guarantee that a contractor is insured and bonded and the homeowner is protected from fraud.


Before You Dig, Call (or Click) JULIE

If you are planning an outdoor project, call JULIE before you dig to avoid injury and/or damage to underground utilities. Simply call 811 or 1/800/892-0123. The call is free and so are the services. Call center representatives are available 24 hours a day, 7 days a week. Or you can log on to www.illinois1call.com



PLEASE NOTE: The Village Office will be closed on Tuesday, July 4th in observance of Independence Day and Monday, September 4th in observance of Labor Day. Have a safe holiday!

GARAGE SALES



Spring/summer cleaning in many cases means garage sales. Just as a reminder, sales are limited to two (2) per household per year. There is no fee to hold a sale, but a permit is required. Permits should be obtained at the Village Office three (3) days prior to the planned sale. Sale hours are limited between the hours of **9:00 a.m. and 5:00 p.m.** and sales cannot last more than three (3) consecutive days. Regular items found around the house are allowable in garage sales; however, arts and craft items are not. All advertisements must be removed from the parkway within 24 hours of the completion of the sale, and **at no time are signs to be placed on street light poles, stop signs or parking signs.**



We Hope our Residents enjoyed their Easter Surprise & had a Blessed Easter Sunday.



The Village Hall parking lot / back door is a MEETUP SPOT for internet purchases. The area is under 24-hour surveillance.





The Village of Forest View is pleased to announce a new partnership with BSI Online. BSI Online is a leader in the industry of data management for municipal cross-connection and water contamination prevention services. BSI Online provides the Village of Forest View with a more time efficient and modern way to administer our backflow program ensuring compliance from all of our water customers with cross-contamination hazards and the installation and maintenance of backflow prevention devices at their facilities. The Village of Forest View is dedicated to continue to look for ways to maintain safe and efficient systems to protect our public water system. For more information on possible cross-contamination hazards and how to ensure you are protected please contact Josh Brniak, Village of Forest View Building Commissioner or BSI Online directly at 800-414-499



Safe Haven Baby Drop Off

The Village of Forest View is a Safe Haven Baby Drop Off Location. We have two signs posted, by the Fire Department.

There is nothing more tragic than hearing a story about a baby being found abandoned in a dumpster. Feelings of desperation and hopelessness lead mothers to take a step so drastic. They feel alone and helpless. It is critical for any woman who finds herself in this frame of mind to know that there is a safe alternative: Safe Haven Baby Drop Off.

Safe Haven laws allow a mother to surrender her baby anonymously at designated locations. The mother can surrender her baby safely without having to worry about being prosecuted for abandonment. These laws have been enacted in all 50 states.



Stickney – Forest View Lions Club

In case you have not heard, the Lions Club Food Pantry is now located on the second floor of the Forest View Village Hall. Stop in Monday through Friday 9:00 am – 5:00 pm if there is anything you may need.



CONGRATULATIONS TRUSTEES



*Congratulations to Trustee Mike Grossi,
Trustee Jim Sudkamp, Trustee Maria Ramirez &
Trustee Midalia Nevarez.*

*As you were sworn into Office on May 9, 2023, we would like to thank
you for your support and dedication to the Village of Forest View. We
appreciate you and wish you all the best!*

CONGRATULATIONS



*Congratulations Chief Steven Stelter on your Retirement! Thank you for
all of your dedicated service to the Village of Forest View. We wish you
all the best in your retirement.*



FROM THE HEART AND DESK OF
RANEE SUDKAMP

I'd like to thank President Nancy L. Miller for nominating me for the Governors Volunteer Service Award.

Never in a million years did I expect to win! I'd also like to thank Lucy for filling out and submitting all of the paperwork, and corresponding with Springfield and Laura for scheduling the presentation. A thank you to: Pat, Dawn and Marge for informing people about my award presentation. Thank you to all who baked-it was delicious!

Most, most of all, thank you all for coming to the presentation! I was absolutely flabbergasted and overwhelmed!! I never expected such a turnout. I knew each one of you! I also want to thank all those who could not make the presentation but sent emails to Dawn with such thoughtful words of praise and memories.

I feel honored to have represented the Village of Forest View to the rest of Illinois.

Thanks to all!

Ranee



We would like to take this opportunity to remind all residents that per Village Ordinance **all dogs must be registered annually** with the Village Office and wear an up-to-date dog identification tag. The annual fee of the dog license/identification tag is \$1.00. To obtain a license, owners must show proof of a current rabies vaccination. No more than three (3) dogs are allowed per residence.

If you haven't purchased a current 2023-2024 dog license, please be sure to stop by the Village Office soon! Failure to purchase a dog license in June each year will result in a \$50.00 citation per dog for being in violation of Village Code.

VEHICLE STICKERS

All vehicle stickers for 2022-2023 are **due on June 30, 2023** and are to be displayed on your windshield no later than July 1, 2023.

The vehicle sticker price for a passenger car is \$10.00; senior citizens 65 and older the fee is \$2.00 (one per household). Stickers purchased after due date, an increasing monthly late penalty will be imposed. Vehicles not displaying a current village sticker as of July 1st are also subject to enforcement action. Stickers may be purchased at the Village Office Monday thru Friday during the hours of 9:00 a.m. to 5:00 p.m.





We are proud to announce that our Village Administrator, Mike Dropka, recently traveled to Gettysburg, Pennsylvania for a 4-day leadership conference hosted by the ICMA.

ICMA, the International City/County Management Association, was founded in 1914 and is an association made up of local government management professionals. Each year, a small group of senior local government managers meet to study the leadership lessons of Gettysburg. Specifically, he was one of 36 village managers from across the country who was accepted to attend the ICMA Gettysburg Leadership Institute. He was able to meet with fellow village managers in an exploration of personal leadership, organizational effectiveness, and the lessons of history.

The leadership lessons of the battle of Gettysburg, the leadership styles of those in command as well as those on the battlefield, and the aftermath and disaster recovery of the town of Gettysburg after the battle in 1863 formed the core of this site-specific leadership institute offered in conjunction with the Gettysburg Foundation.

Attached is a group photo of the village managers who attended the Leadership Institute in front of the Soldiers National Monument in the Gettysburg National Cemetery. The monument stands near the location where President Abraham Lincoln delivered the Gettysburg Address.

Happy 75th Wedding Anniversary Tony & Lorraine Faikus



Listen, don't yell, and dance now and again

Tony and Lorraine Faikus married not long after the end of World War II. They moved into the Village in 1953. They have two children, five grandchildren and 12 great-grandchildren.

Tony and Lorraine Faikus, 99 and 95 years old, respectively, celebrated 75 years of marriage
That's right, 75 years.

Listening to each other and not yelling are part of the recipe for success in marriage, Tony said.

A sprinkle of dancing helps. Tony and Lorraine loved to do the jitterbug and the polka in their younger years. And they still dance. Every Sunday, after breakfast, they put on a CD of old Bohemian love songs — heavy on the brass and the accordion.

Wishing Tony, Lorraine and the entire Faikus Family all of the best!

CONGRATULATIONS!



FOREST VIEW
VILLAGE-WIDE GARAGE SALE
SAT. JULY 22ND & SUN. JULY 23RD 2023
9:00 AM – 5:00 PM

PERMIT APPLICATION

**DO NOT MOUNT PROMOTIONAL SIGNS ON MUNICIPAL LIGHT POLES,
PARKWAY SIGNS OR TREES**

(To be Completed by Village Office Staff)

PERMIT NUMBER _____

DATE APPLICATION RECEIVED _____
(Application must be received by July 14, 2023)

RESIDENT'S NAME _____

RESIDENT'S ADDRESS _____

RESIDENT'S PHONE NUMBER _____

ITEMS BEING SOLD AT GARAGE SALE _____

I understand that items sold at a garage sale are limited to such items as found around the house, garage, yard and not merchandise/goods manufactured or produced for resale.

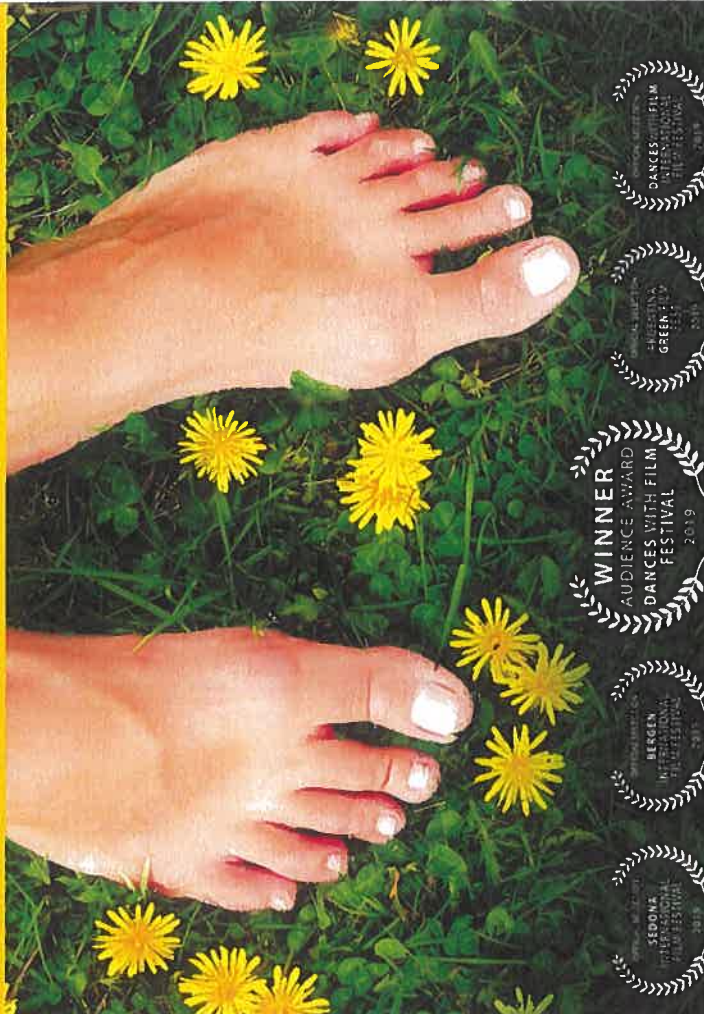
It is unlawful to place garage sale advertisements on street light poles, stop or parking signs, traffic control signals or parkway trees. All advertisements must be removed from parkway within 24 hours after completion of the sale.

Please have this garage sale permit available for verification should a village representative request proof of application for permit.

Date

Signature of Resident

Free Movie Pass



A JOSH AND REBECCA TICKELL FILM


THE EARTHING MOVIE

THE REMARKABLE SCIENCE OF GROUNDING

FEATURING

AMY SMART, MARIEL HEMINGWAY AND DEEPAK CHOPRA, M.D.

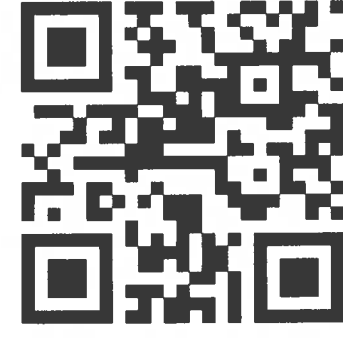
EDITED BY LUCY PANKH, MUSIC BY JOSHUA TICKELL, PRODUCED BY JAVYSSWAZ, MARIEL HEMINGWAY, DEEPAK CHOPRA, M.D., AND CLIVE OSEB, THE EARTHING MOVIE
COSTUME DESIGNER: EVAN DUMAS-LEE, HAIR BY TINA MICHOUS, MAKEUP BY LUCAS MICHOUS, STYLING BY LUCAS MICHOUS, EXECUTIVE PRODUCERS: LEEA COUGHRAN AND OLIVER SMITH, EXECUTIVE PRODUCERS: JOSHUA TICKELL AND REBECCA TICKELL
DIRECTOR OF PHOTOGRAPHY: JOSH TICKELL, EXECUTIVE PRODUCERS: REBECCA TICKELL

EARTHING.COM  



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www.Earthing.com
help@earthing.com
888.223.8454



Lemons contain a high amount of vitamin C, soluble fiber, and plant compounds that give them a number of health benefits. Lemons may aid weight loss and reduce your risk of heart disease, anemia, kidney stones, digestive issues, and cancer. Not only are lemons a very healthy fruit, but they also have a distinct, pleasant taste and smell that make them a great addition to foods and drinks.



Now you know this had to be coming.....

"When life gives you lemons...make lemonade"



SUMMER CITRUS CAKE

This is an easy and refreshing recipe for summer. This is from Maryanne O'Reilly (Lions Club). Maryanne and her husband Dan had a bar-b-que for the Lions Club and she made this delicious cake. When it comes to dessert, what do we all say? "I'll have just a small piece." When it comes to this delight...there is no such thing as a "small piece". You'll want the biggest piece for sure!

Hope you enjoy this as much as I did!

Cake

1 Box Yellow Cake Mix

1/3 Cup Oil

3 Eggs

1 - 16 oz Mandarin Oranges (undrained)

Frosting

1 - small box Instant Vanilla Pudding

1 - 8 oz Cool Whip (thawed)

1 - 16 oz Crushed Pineapple (undrained)

Preheat oven to 350, coat bottom and sides of pan with no stick cooking spray.

Beat cake mix, oil, eggs and oranges in a bowl with mixer on medium speed for 2 minutes. Pour batter into pan and bake for 20 -25 minutes. When toothpick inserted in the center comes out clean, cake is done, let cool completely.

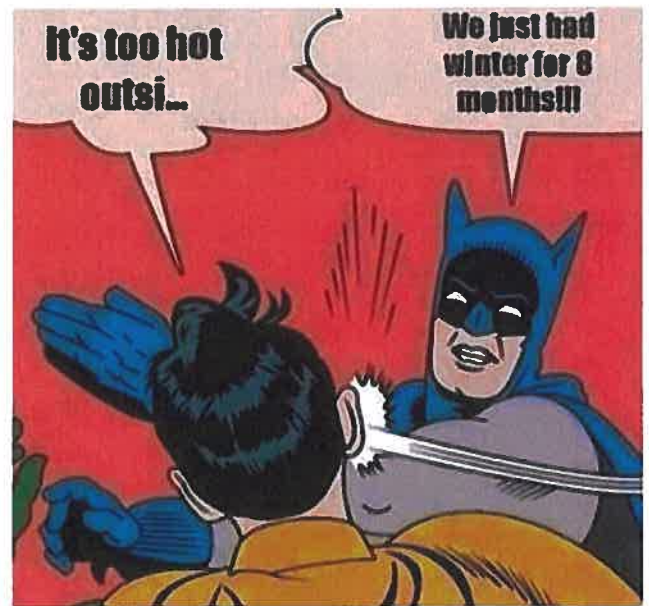
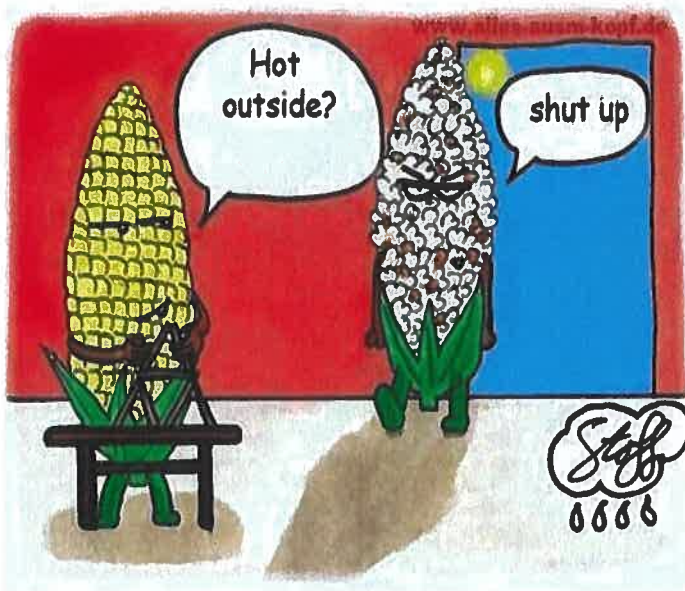
Transfer cool whip to larger mixing bowl. Gently fold instant vanilla pudding into cool whip. Gently fold in crushed pineapple. Spread on cooled cake and refrigerate until serving.



**THANK YOU TO ALL OF OUR LOCAL ARTISTS FOR MAKING THE ARTIST CORNER
LOOK SO BEAUTIFUL. WE ARE SO PROUD TO DISPLAY YOUR GORGEOUS
ARTWORK.**



Laugh Out Loud



If your dog was barking on the front door and your wife knocking on the back door, who should you let in first?

– The dog, because at least it would shut up once it got in.

A little boy was overheard telling his mother ..."When I grow up, I'm going to marry you mommy". "You can't marry your own mother", said his older sister. "Then I'll marry you", said the little boy. "You can't marry me either". The little boy looked very confused so they both tried to explain that you can't marry someone in your own family. The little boy started to cry and replied, "You mean I have to marry a total stranger?!"

What falls in winter but never gets hurt?

Snow

Why is it so windy inside a stadium?

There are hundreds of fans

W	V	E	R	T	I	C	A	L	L	Seek
R	O	O	A	F	F	L	S	A	B	Find
A	C	R	I	L	I	A	T	O	A	Random
N	D	O	D	K	O	N	W	D	C	Sleuth
D	R	K	E	S	O	O	D	D	K	Backward
O	E	E	P	Z	E	G	L	I	W	Vertical
M	S	I	I	H	O	A	E	R	A	Diagonal
A	L	R	K	R	R	I	R	E	R	Wikipedia
K	O	D	I	D	E	D	R	C	D	Horizontal
H	E	L	W	S	L	E	U	T	H	Word Search

FOOD FOR THOUGHT

RUMORS

are carried by

HATERS

spread by

FOOLS

and accepted by

IDIOTS

ACROSS

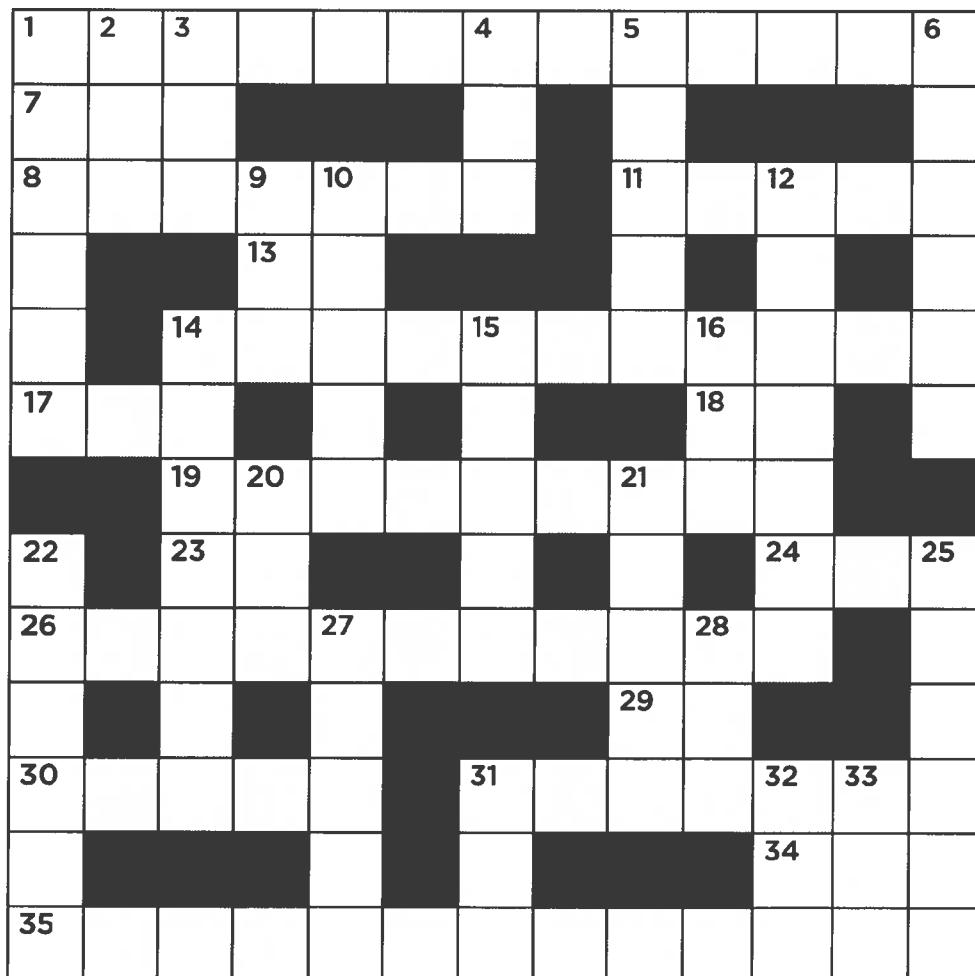
1. Titular artifact in a classic mystery
7. Thurman of *Kill Bill*
8. Greatest quantity possible
11. Cut into cubes
13. It's between la and do
14. The best of both worlds in men's undergarments
17. ___ Marie Saint
18. The chemical element selenium, for short
19. Swimmer with nine Olympic gold medals
23. Wong of *Law & Order: SVU*
24. Little devil
26. 1950s fashion

29. Duo at the top of the roulette board
30. Right under our _____
31. Nomadic insect
34. Soap ingredient
35. Singer Ruth, Anita, or June

DOWN

1. Mutter
2. Physicians' organization, in brief
3. Loose about rules
4. Street where Freddy wreaked havoc
5. Passion
6. Birthday suit lover

9. O.J. trial judge
10. Get-together
12. Orange snack square
14. Fast-growing grasses
15. Pitfalls
16. Suffix
20. Recipe instruction
21. Peculiar expression
22. Share one's feelings
25. Tinker
27. Composer Franz
28. Rogers or Orbison
31. ___ Lingus
32. Ctrl + ___ + Del
33. Science guy Bill





BOARD BRIEFS

**** The Board meets in the Municipal Building on the second and fourth Tuesday of the month and the meetings begin at 7:00 P.M and are open to the public.****

February 14, 2023

Retired Firefighter Allen Kalas greeted everyone at the Board meeting holding a large bell. He retired from the Forest View Fire Department after 25 years of service. He stated that he bought the 1955 Ward LaFrance Engine No. 1 truck many years ago, took the bell off, and planned on turning it into a memorial. He stated that the bell sat in his basement for 25 years. He mentioned that he was surprised to hear that the Village had bought the fire truck back. He said that he had sold the truck to his brother, and his brother's son-in-law was going to restore it. The restoration did not happen and the truck ended up in a museum. He announced that today he was donating back to the Village of Forest View and the Fire Department the 60-pound bell that belongs back on the 1955 Ward Le France truck.

Retired Firefighter Lester Antos, Jr. was also present at the meeting. He announced that he was donating the original suction strainer from the truck back to the Village and Fire Department. That strainer saved the town quite often. He stated that the town used to flood all the time and they would connect a 90-foot hose to this strainer, put it in the sewers at the end of the blocks, pump the water to a second sewer which would move the water out of the town. When he heard that the Village bought the truck back, he wanted to donate the strainer. He would like to see the strainer put back on Engine No. 1. Mr. Antos said that there are a lot of Firefighters who are looking forward to seeing it back. He thanked everyone and they rang the bell.

A motion was approved, amending the Ordinance to eliminate the resident-only parking restrictions on the 4500 block of Wenonah Avenue.

Administrator Dropka sought the Board's approval regarding the refurbishment of the Village's 1999 Pierce Fire Truck.

Administrator Dropka reported that the Village received another \$100,000 grant for capital infrastructure and will be putting \$100,00 towards the MFT road paving project.

Current Technologies has completed Phase 2 of the security camera system install. The cameras record 24/7 with zero blind spots.

Administrator Dropka reported that he is reviewing and comparing four proposals received for creating and maintaining a Village website.

Administrator Dropka and Chief Stelter continue to meet with Conduent to make sure the red-light camera project continues on a proper timeline.

Superintendent Filec reported that Public Works is working on de-watering the tunnel at Apex Oil and is in touch with MWRD regarding easements.

Public Works will begin testing valves in the residential section of town to determine which valves will need to be addressed this coming summer.

February 28, 2023

Resolution No. R 23-03, developed by Village Clerk Laura McGuffey honoring Long-Term resident, Marie Standley's Hundredth (100th) Birthday. Residents were invited to attend and wish Marie a very Happy 100th Birthday.

President Miller appointed Jesus Carrillo Jr. as Trustee of the Forest View Police Pension Fund. This action is being conducted to comply with IDOI.

Public Works is waiting on a groundwater sample per EPA Standards to comply with dewatering the tunnel shaft at APEX.

Public Works employee Bill Hughes was recognized for his 20-plus years of service with the Village.

Administrator Dropka reported that the land surveyor provided the Village with a plat of survey and staked out the land that is ours versus the land that the Village is leasing to ConGlobal, also including the utility easements at the Public Works property off of Oak Park Ave. He concluded that he is sending the plat of survey to Novotny Engineering to start the planning process on where to build the salt shelter that we received a grant for.

March 14, 2023

Administrator Dropka discussed the City of Chicago's announcement that they will be raising the water rates by 5% on June 1, 2023. He is requesting the Board approve Ordinance No. 23-03 amending Chapter 8 "Public Ways and Property Section 8-2-1: Water Rates of the Village of Forest View Village Code to amend water rates.

Fire Chief Jones discussed the Foreign Fire Insurance License Fee Act (Public Act 102-0740) and is requesting the Board to adopt a resolution naming Illinois Municipal League (IML) as the authorized agent to collect and remit the Foreign Fire Insurance Fees for the Village of Forest View Fire Department.

The Village continues to apply for grants and recently applied for a Climate Resiliency Plan Grant from Cook County. This grant helps communities prepare for extreme events.

Administrator Dropka met with a business that purchased vacant property across the street from FedEx. They are looking to voluntarily annex into the Village of Forest View.

Superintendent Filec reported that he has ongoing meetings with MWRD regarding the water main replacement on Canal Bank Road.

Superintendent Filec is in the process of applying for a Lead Service Replacement Line Inventory Grant.

March 28, 2023

The Wenonah Project will extend the sewers from 46th and Wenonah Avenue to go under the railroad tracks, then turn west to connect with Harlem Avenue to alleviate flooding. The work will begin in the Spring of 2024. The money for this project will be primarily funded with a \$2 million dollar grant from MWRD.

Superintendent Filec continues to collaborate with Tom Ebling from Open Lands on the tree planting project.

Chief Stelter stated that he will be posting on the Blue Line website looking to fill an open position in the Police Department. He mentioned that he is also scheduling a meeting with President Miller to discuss hiring a previous part-time employee who recently graduated from the Police Department.





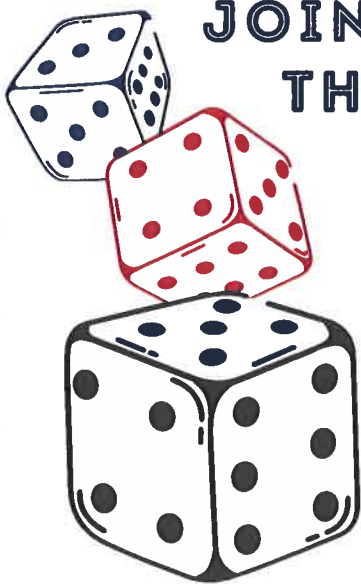
Forest View Park District

...some of our upcoming events

F Family Friendly **A** Adult Event **S** 55+

- 7/9 Sun, 2-4:30 PM Crafter-noon/Recreation Room **A**
- 7/12 Wed, 10-Noon Senior Coffee, 55+ **S**
- 7/14 Fri, 6-9 PM BUNCO! Cross-Town Classic! **A**
- 7/30 Sun, 2-4:30 PM Crafter-noon/Recreation Room **A**

READY FOR A FUN & FRIENDLY RIVALRY? JOIN US FOR A CROSS-TOWN CLASSIC THEMED BUNCO NIGHT THIS JULY!



Put on your Sox or Cubs gear and join us at this Adult event! Anyone can enjoy this easy to learn social dice game played at tables of four. No partners or teams needed. Snacks and prizes provided by the Park District.



Friday, July 14th
Doors open @ 6 PM, Game Play begins @ 6:30 PM
TO REGISTER: Scan the QR Code
Visit: <https://bit.ly/BUNCONight>
Call: 708-484-3002 & leave a message

Event registration details are added to our facebook page prior to each event
www.facebook.com/ForestViewParkDistrict/events

To Register for upcoming events:
Visit the Facebook Page & click the Events button
or Scan the QR Code



4621 Wenonah Avenue, Forest View. IL 60402

